

January 11, 2012

## Diabetes Program at Pharmacist-led Clinic Improves Patients' Outcomes, Study Shows

---

Pharmacists counseling diabetic patients in an employer-sponsored diabetes management program significantly improved patients' HbA<sub>1c</sub> values and blood pressure, as well as other indicators, according to a study in the January 1, 2012, *American Journal of Health-System Pharmacy*.<sup>1</sup>

Participating pharmacists could be authorized by a patient's provider "to adjust insulin dosages and oral diabetes therapies, authorize refills of prescribed medications and diabetes testing supplies, and obtain [HbA<sub>1c</sub>] values and lipid panels."

The Healthy Outcome Partnership for Employees (HOPE) with Diabetes Program is offered through the pharmacy-directed ambulatory care clinic at the Wake Forest University Baptist Medical Center in Winston-Salem, North Carolina.

An abstract of the study is available at <http://www.ajhp.org/content/69/1/69>.

1. Yoder VG, Dixon DL, Barnette DJ et al. Short-term outcomes of an employer-sponsored diabetes management program at an ambulatory care pharmacy clinic. *Am J Health-Syst Pharm*. 2012. 69:69-73.

---

To View ASHP's Policy Alert Archive click <http://www.ashp.org/policy-alert>.

Questions about ASHP Health Policy Alerts can be directed to Lisa Daigle, policy analyst, at (301) 664-8651 or [ldaigle@ashp.org](mailto:ldaigle@ashp.org).

ASHP Health Policy Alerts are synopses of new studies highlighting the medication-use process in health care, especially studies assessing contemporary pharmacists' role in improving medication-use outcomes. The American Society of Health-System Pharmacists encourages recipients to keep a copy of this synopsis for future reference.

