

## ASHP Member Spotlight



**Kira Brice, Pharm.D., BCPS**

PGY2 Ambulatory Care Resident  
New Hanover Regional Medical Center

### ROLE

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As an ambulatory care specialty resident, I have responsibilities in chronic disease state management and teaching. I am involved in the management of diabetes, hypertension, hyperlipidemia, COPD, asthma and anticoagulation for patients in the outpatient setting. My practice has been focused primarily in two clinic settings; an internal medicine clinic and a family medicine clinic. My teaching responsibilities include education for pharmacy students and staff, as well as medical residents. I have been involved in a student seminar for UNC Chapel Hill students which includes presenting a monthly clinical pearl and evaluating student presentations. I have also served as a preceptor for students on ambulatory care rotations. I have also had the opportunity to provide education to the medical residents through presentations at noon conference and on inpatient rounds. An ambulatory care residency is a great opportunity for those whose career goals include outpatient management and academia.

### HOW THEY GOT THERE

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After deciding on a career in pharmacy, I quickly decided to follow a clinical path but had no idea what area on which I wanted to focus. I had always been interested in diabetes management, which led me to pursue ambulatory care. During my fourth year rotations, I fell in love with ambulatory care because of the patient interaction and the relationships I was able to build with patients. Also during that year, I was given some teaching responsibilities which made me realize that I also loved to teach. Those interests led me to pursue a PGY1 residency that would allow me more opportunities in ambulatory care and teaching which I found at the Durham VA Medical Center. After serving as a TA at UNC during my PGY1 residency, I realized I wanted to follow a career in academia. My current position has provided additional experiences in those areas and has prepared me to accept a faculty positions in ambulatory care.

### OTHER PROFESSIONAL ACTIVITIES

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- North Carolina Association of Pharmacists – NPN Executive Committee
- American Society of Health-System Pharmacists
- American College of Clinical Pharmacy

### ADVANCED TRAINING

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- Doctor of Pharmacy, University of North Carolina Chapel Hill School of Pharmacy
- PGY1 Pharmacy Practice Residency at the Durham VA Medical Center
- Board Certified Pharmacotherapy Specialist
- ACCP Heart Failure Traineeship

### ADVICE

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Follow your heart. Pharmacy is a field of endless possibilities. If you are unsure what you want, explore your options until you find what you love. Always keep your goals in front of you and let them be your motivation.