



**Section of
AMBULATORY CARE
PRACTITIONERS**



In the Spotlight – March, 2014

Name: Holly E. Causey, PharmD, BCACP, CPP, CDE

Title: Clinical Pharmacist in Ambulatory Care

Work Location: Duke Outpatient Clinic, Duke University Hospital, Durham, NC

Her Story

Dr. Causey is a graduate of the University of North Carolina Eshelman School of Pharmacy. She completed her PGY1 Community Pharmacy residency with Campbell University College of Pharmacy & Health Sciences (Buies Creek, NC) and Kerr Drug (Fuquay Varina, NC). She then completed a PGY2 Ambulatory Care specialty residency at Duke University Hospital in Durham, NC. Following completion of her 2nd year residency, she took a position at the Duke Outpatient Clinic. She has had the privilege of implementing a transitions of care service in her clinic in addition to managing patients for pain, anticoagulation, diabetes, hypertension, and general medication management.

Dr. Causey is a member of the Section of Ambulatory Care Practitioners' (SACP) Section Advisory Group on Pain Management and Palliative Care. She was also a New Practitioner Forum Executive Committee member in 2012-2013.

A New Transitions of Care Service

The Duke Outpatient Clinic (DOC) is an internal medicine teaching clinic (the major Duke Medicine residency clinic) that serves approximately 4800 patients. Many patients are medically and psychiatrically complex and uninsured or underinsured. Pharmacy services have been in effect for a little over 10 years. Patients become involved with the clinic pharmacists through several means. The physician may refer them for diabetes, anticoagulation, or hypertension management in our designated clinic services which permit medication adjustment and counseling. The physician may also refer them for specific counseling, compliance issues, or for pharmacotherapeutic recommendations on other disease states. Additionally, patients may present to obtain their opioid prescriptions if they have a pain management agreement with their physician. This last method of patient involvement will still include a brief patient assessment on the part of the pharmacist, resident or student. Finally,

patients may be seen in clinic or called for medication reviews following inpatient or ED discharge, a service which we often refer to as “transitions of care.” Pharmacy services typically encompass 3500 patient visits per year not inclusive of patients in our new transitions of care service. Living in North Carolina allows Dr. Causey the unique opportunity to practice pharmacy under a Clinical Pharmacist Practitioner (CPP) agreement.

Advice for Someone New to Your Specialty Area

One of my mentors reminded me time and time again, “smooth seas do not make for skillful sailors.” Thus, I encourage all my fellow new practitioners to embrace challenges realizing that they will make you a stronger and more resilient practitioner.”

Becoming Involved in ASHP

“I first became involved with ASHP as a student in pharmacy school. This involvement followed through the transition of student to new practitioner. I wanted to be able to network with other new and experienced practitioners as well as mentor students/newer practitioners with similar career paths.”

Value of ASHP

“ASHP allows me to keep current with big topic issues and also offers the chance to network with other pharmacists in my specialty area.”