

## In the Spotlight



**Name/Credentials:** Beth Bryles Phillips, Pharm.D., BCPS  
**Title:** Clinical Associate Professor  
**Organization:** University of Georgia  
**Focus:** Ambulatory Care  
**Member Since:** 1991

### Biography

Beth received her Doctor of Pharmacy degree from the University of Kansas and completed a Pharmacy Practice Residency at the University of Illinois at Chicago and a Specialized Residency in Ambulatory Care at the VA Medical Center in Iowa City, Iowa. She is currently a Clinical Associate Professor at the University of Georgia (UGA) College of Pharmacy and Clinical Pharmacy Specialist at the Charlie Norwood VA Medical Center. Beth is the Director of the UGA/VA PGY2 Ambulatory Care Residency program. Prior to this, she also developed PGY1 and PGY2 residency programs in Ambulatory Care at the University of Iowa Hospitals and Clinics.

Over the course of her career, Beth has or helped to establish a number of ambulatory care patient care services, including two pharmacotherapy clinics, anticoagulation, geriatrics assessment, diabetes management, smoking cessation and medication refill clinics. She has also had the opportunity to recruit and train many PGY1 and PGY2 residents, and has over 13 years of experience as a Residency Program Director. She maintains an active clinical practice in Ambulatory Care and is heavily involved with didactic and experiential teaching of Pharm.D. students and her own Ambulatory Care Residents. Beth has published numerous papers and book chapters on primary care related topics. She was recognized last year as the 2010 recipient of the ASHP Pharmacy Residency Excellence Preceptor Award.

### Current Pharmacy Practice/Role/Responsibilities

Beth practices at the Athens VA Community Based Outpatient Clinic where she developed services and currently manages the pharmacotherapy clinic. Patients are routinely consulted to this clinic for management of diabetes, hypertension, dyslipidemia, chronic lung disease, smoking cessation, heart failure and other chronic diseases. This site also supports preceptorship and training of the PGY2 Ambulatory Care resident.

As a faculty member at UGA, Beth teaches in the pharmacotherapy and the clinical skills laboratory series, as well as a residency elective in which she developed to better educate students about postgraduate residency opportunities and to start planning earlier in the curriculum.

Beth also serves as a mentor to the PGY1 Community Residency program at UGA. She serves as a volunteer surveyor for ASHP Residency Accreditation surveys and was recently appointed to the ASHP Commission on Credentialing.

### **Current Projects/Research Interests**

Beth's current research projects include:

- Evaluation of cardiovascular risk reduction outcomes in patients referred to the Pharmacotherapy Clinic compared to those who receive usual primary care within the VA system.
- Factors influencing veterans with Type 2 diabetes mellitus to perform self-care behaviors.
- Student attitudes and intentions towards completing postgraduate residency training.

Her recent publications include:

1. Watts A (resident), Castleman L, Phillips BB. Impact of a community pharmacist on patient knowledge of nonprescription medications. *J Pharmacy Technol* 2010;26:111-5.
2. Haines SL, DeHart RM, Hess KM, Marciniak MW, Mount JK, Phillips BB, Saseen JJ, Flynn AA, Zatzkin SW. Report of the 2009-2010 Professional Affairs Committee: Pharmacist integration in primary care and the role of academic pharmacy. *AJPE* 2010;74(10):S5.
3. Spangler M (resident), Phillips BB, Ross MB, Moores KG. Calcium supplementation in postmenopausal women to reduce osteoporosis risk. *Am J Health-Syst Pharm* 2011; 68:309-18.
4. Haines SL, DeHart RM, Flynn AA, Hess KM, Marciniak MW, Mount JK, Phillips BB, Saseen JJ, Zatzkin SW. Academic pharmacy and patient-centered healthcare: A model to prepare the next generation of pharmacists. *J Am Pharm Assoc* 2011;51:194-202.

### **Advice**

Get involved! Everyone has unique interests, experiences and expertise. Do not be afraid to pursue areas in which you are passionate. Volunteer within the profession as opportunities

arise, and you may be surprised how many more will come your way! When you get involved, the profession is strengthened and can move forward on important issues, which, in turn, benefits all of those within the profession.

### **The Value of ASHP Membership**

ASHP has been invaluable and a great resource for me. My involvement within ASHP has allowed me to keep current on issues affecting the profession, network with others who have similar passions and practice interests, and affect change within the profession. For these reasons, I am a better practitioner, teacher and mentor!

### **Contact Information**

For more information on Beth Bryles Phillips, visit the [Clinical Specialists and Scientists' Online Directory](#).