

Message from the Pharmacy Student Forum Executive Committee – September 2009



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Pharmacy Student Forum members:

'I hear and I forget. I see and I remember. **I do and I understand.**' –Confucius

As I go through my rotations, the wisdom of this statement rings true. Throughout pharmacy school, we *hear* lectures, we take copious notes, we *read* and study those notes until we have learned the material we will be tested on. Out of all the information studied, how much is put to good use? What we remember is what we have *put into practice*. Whether it was through a job as a pharmacy intern, participating in health fairs, through other volunteer activities, or during rotations, putting one's knowledge into practice drives the relevant points home by facilitating our understanding of how we fit into the big picture and why we were taught what we were taught.

ASHP makes every effort to give you the resources you need to be successful at putting that knowledge to practice. I thought I would highlight for you some of these great resources at your fingertips:

- ASHP provides **Educational Resources** to help you hone your clinical skills such as [Continuing Education](#), [AJHP](#), [AHFS Drug Information](#), [PharmPrep Online](#) (an interactive, case-based board review), and more through the [ASHP Bookstore](#). ASHP also provides resources to help our patients manage their medications better such www.SafeMedication.com and [My Medicine List](#).
- Speaking of **Clinical Skills**, what better way to put your knowledge to practice than the annual [Clinical Skills Competition](#), a team-based analysis of clinical scenarios to help patients make the best use of their medications. Schools hold Preliminary Round competitions each fall, and the winning teams compete at the national Clinical Skills Competition at the [Midyear Clinical Meeting](#) (in Las Vegas this year!).
- ASHP helps you with **Career Planning and Preparation**. Take advantage of [CareerPharm](#), ASHP's career development and employment resource. To get a good

feel for what your first few years of practice may be like, check out [Career Coach](#), or some [New Practitioner career profiles](#) on the New Practitioners Forum. For those of you either deciding on residency, ASHP provides you with all the [Residency Information](#) you need to get you through the process. At the annual [Midyear Clinical Meeting](#), ASHP holds the [Residency Showcase](#), a large and exciting forum that allows prospective residents to meet program directors, preceptors, and current residents face to face.

- If you want to hone your **Leadership and Professional Skills**, ASHP provides multiple avenues for you to do just that. Leadership is so crucial that the ASHP Foundation has formed the [Center for Health-System Pharmacy Leadership](#), and ASHP awards pharmacy student leaders each year with the prestigious [ASHP Student Leadership Award](#). There are numerous leadership opportunities at the [National Level](#), the [State Level](#), and in your [Student Society](#) of Health-System Pharmacy. Right now [Advisory Group applications](#) are available for P-1 students and are **due October 1st**. This is a great chance to get engaged in your pharmacy education early in the profession.
- For **SSHP Leaders**, each SSHP Faculty Advisor received a shipment from ASHP last month with useful membership recruitment materials to kick off your membership drive. Get ideas for membership drives on the Discussion Board of [ASHP Connect](#), the perfect place to discuss and share ideas, and share this letter with potential members to show them all that ASHP has to offer. If your school does not have an established SSHP, contact us at students@ashp.org to get one started!

As an ASHP member, you are armed with all the resources needed to effectively put your knowledge to practice and be an informed, well-connected leader in pharmacy both now as a student and throughout your pharmacy career. Take advantage!

Regards,

Amy Baker

Vice Chair, ASHP Pharmacy Student Forum Executive Committee

*p.s. Sometimes, amongst the hustle and bustle of student life, we get disconnected from what is going on outside of our busy lives. **Stay Connected** with current issues and trends and find avenues for networking with your peers and current practitioners via our [Facebook Fan Page](#), the [ASHP Connect Discussion Board](#), or our new [ASHP Connect Blog](#)! Also, keep up to the minute on the Midyear Clinical Meeting via [Twitter](#)!*