


Clinical Rotation Countdown




Mary Hess, Pharm.D., FASHP
 Clinical Associate Professor
 South Carolina College of Pharmacy
 mhess@sccp.sc.edu

Pharmacy School Time Line



White Coat

APPE

Something to Think About

“The difference between school and life?
 In school, you're taught a lesson and then given a test. In life, you're given a test that teaches you a lesson.”

~ T Bodett

Objective: How to shed **TEARS** of Joy

- Time management
- Expectations
- Attitude
- Resources
- Skill development

Time Management



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Time Management

- Prioritize
- Work time assessment
- Resist the urge to procrastinate
- Exercise
- Flexibility
- Float time

	Project	Est time
12	Notes	20 min @
1	Case present	30 min
2	Dz review	1 hr
3	1 st lit	1 hr
4	Read	1.5 hr

Expectations

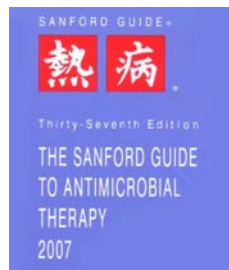
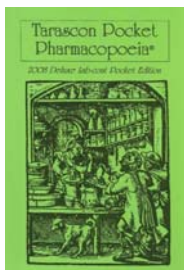
- Review guidelines (CAPE, ACPE)
- Review syllabus
- Review evaluation tool
- Discuss w/ preceptor

Evaluation

Information gathering & Identifying Patient needs		□ 1	□ 2	□ 3
Mid-pt	Final	<ul style="list-style-type: none"> • Unable to obtain obvious patient information. Unable to identify patient's primary reason for seeking care • Selects inappropriate resources for information or unable to elicit information from appropriate resources 	<ul style="list-style-type: none"> • Requires assistance in obtaining obvious patient information. Requires prompting to identify patient's primary reason for seeking care • Inconsistently uses appropriate resources for information (e.g. patient, caregiver, medical record, other healthcare professionals) 	<ul style="list-style-type: none"> • Obtains obvious patient information. Able to identify patient's primary reason for seeking care. • Uses some appropriate resources for information (e.g. patient, caregiver, medical record, other healthcare professionals)

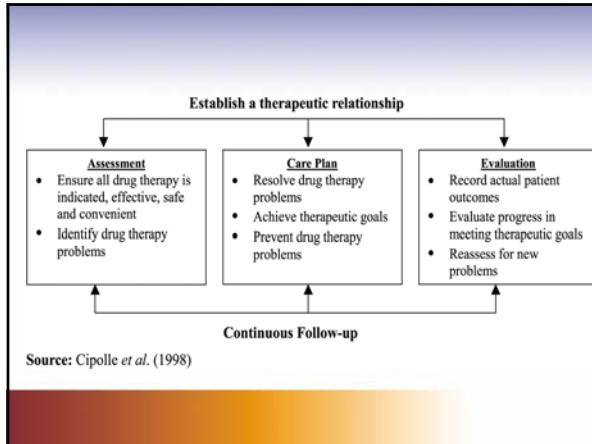
Resources

- E-textbooks, journals, etc
- Passwords, accounts
- Pocket guides
 - ❖ PDA resources: Lexi-comp
 - ❖ Facts & Formulas
- Formulas
 - ❖ Pk formulas
 - ❖ ABG interpretation



Skill Development

- Communication
- Data retrieval / analysis
- Patient specific problem list
- Disease state goal
- Pharmacotherapy plan
- Monitoring strategy
- Assessment / revision of therapy
- Application of knowledge
- Documentation development



Problem List	Date	Pharmacotherapy Plan	Demographics	
HF exacerbation	12/5	Furosemide 80 mg IVP, cont maintenance meds	Name Doe, John	Age: 85 Gender M
Afib	12/5	Coumadin 5 mg po HS	ID #	Allergies NKA
AODM	12/5	Glipizide 5 mg po Qday	Ht: 69' Wt: 71 KG	
			Vaccinati on Hbc: Flu Pvxax	
			PMH	Medications / dose
			HF	Furosemide 40 mg Qday ACEI, β-blocker, statin
			Afib	Coumadin 5 mg HS
			AODM	Glipizide 5 mg qday

Attitude

My Version of Practice Progression

Postgraduate training

Dr Hess's Words of Wisdom

How to Stay on the Golden Path

- Arrive each day in a positive mindset
- Prepare well for your role
- Engage in the process
- Soak up the experience

Dr Hess's Words of Wisdom

Avoid the Path to Doom

- Prior to the rotation, indicate days you are not available
- Don't worry about punctuality...
- Don't worry about actually seeing your patients during prerounds...
- When rounding try & question the resident's judgment
- Why can't ___ conference be at a different time?
- Why can't we do ___ differently?

Five Balls of Life

