

# CONTROLLED SUBSTANCE AGREEMENT

This highlights important information from the Controlled Substance Agreement (CSA) about the medication your provider is prescribing you. This medication, which is monitored by the federal government, has higher risks than other medications, but is effective when used correctly and recommended by your provider.



## TRUST.

If I do my part, my doctor will do his/hers.



## COMMUNICATE HONESTLY.

If I break this agreement, my provider may stop prescribing this medication and may recommend substance abuse treatment.

I will not do anything dishonest or illegal like share, trade or sell my medication, or seek medication elsewhere—including the emergency room.



I will only use one pharmacy for my prescription and inform my provider if I have to use a different one. I will not make changes to my prescription.

I will discuss my symptoms honestly and explore other treatments or care plans my provider recommends.



I will only take my medication as prescribed. If I use them faster, I will have to go without my medication until the next prescription is due.

I will keep regular appointments with my provider during regular office hours to get my medication filled.



I will keep my medications safe. Lost or stolen meds will **not** be replaced.



My provider will follow the North Carolina state laws. He or she will stop prescribing my medications if I am arrested or convicted of a drug- or alcohol-related offense.

For my safety, my provider will monitor my medication use by checking the North Carolina database, my urine for drugs and counting my pills.



Opiate medications have risks of dependency, addiction and/or death. Stopping them suddenly can lead to withdrawal symptoms.

I will not drink alcohol or use any illegal controlled substances, such as cocaine, heroin or marijuana. I will not use controlled substances that are not prescribed to me by my provider.



I will see other healthcare professionals my provider recommends.

Pregnancy and this medication do not mix. I will tell my provider if I become, or plan to become, pregnant.



I will follow other recommendations my provider may offer in the best interest of my health and well-being.