



Directions to ASHP

Directions to ASHP from Baltimore

- Take 95 south to Washington Beltway 495 West
- Use the right 2 lanes to take exit 27 W to merge onto I-495 W toward Silver Spring
- Take exit 33 for MD-185/Connecticut Ave toward Kensington/Chevy Chase
- Continue on MD-185 S/Connecticut Avenue. Drive to MD-410 W/State Hwy 410 W in Bethesda
- Use the left 2 lanes to turn left onto MD-185 S/Connecticut Avenue
- Turn right onto MD-410 W/State Hwy 410 W
- Turn left onto Waverly Street
- Parking garage is on the left under our building (which is the corner of Waverly and Pearl)

Directions to ASHP from Virginia

- Exit airport using the Washington - Dulles Access Road heading east (Hint: look for signs indicating direction to Washington, DC)
- Stay on this access road for approx 10 miles until you see signs for route 495 Washington Beltway
- Exit onto 495 heading towards Bethesda/Baltimore north
- Keep right at the fork to continue on 495 North
- Take the MD-185 S/Connecticut Avenue exit toward Chevy Chase/Kensington
- Turn right on MD-185 S/Connecticut Avenue (signs for Connecticut Ave 185 S/Chevy Chase)
- Turn right onto MD-410 W/State Hwy 410 W
- Turn left onto Waverly Street
- Parking garage is on the left under our building (which is the corner of Waverly and Pearl)

The entrance to the parking garage is located on the left of the Montgomery Avenue side of the building immediately following the entrance to the Montgomery County Public Parking Garage. Please note our building is located between the light at Waverly and Pearl Streets. Please bring your parking ticket up with you so we can validate it for you before you leave.

Take the elevator to the ground floor and go to the security desk and let them know you are here to for the Resident Visit at ASHP. They will have an email letting them know you will be visiting us. They will let you into the elevator to the 9th floor. Once you get to the 9th floor, check in with the receptionist.

Metrorail Directions to the ASHP Building

ASHP headquarters is located approximately 2 blocks east from the Bethesda Metro station on the red line. Once arriving at the Bethesda Metro stop, proceed to escalators to street level. Follow Wisconsin Avenue north and turn right on East-West Highway. Follow East-West Highway 2 blocks east to the ASHP building. Go to the security desk and let them know you are here to for the Resident Visit at ASHP. They will let you into the elevator to the 9th floor. Once you get to the 9th floor, check in with the receptionist.