

## Presenter Resources

### Presentation Skills Self-Assessment

**Directions:** Rate your agreement with the following statements according to the following scale:  
 1 Strong disagree (SD), 2 = Disagree (D), 3 = Neutral (N), 4 = Agree (A), 5 = Strongly Agree (SA)

Statement	SD	D	N	A	SA	
I effectively establish rapport with my audience.	1	2	3	4	5	NA
I make eye contact with audience members.	1	2	3	4	5	NA
My presentation openings are attention-getting.	1	2	3	4	5	NA
I know how to make the importance of my presentation clear to the audience in my opening.	1	2	3	4	5	NA
I effectively use vocal variety when I speak to an audience.	1	2	3	4	5	NA
I use an effective range of vocal pitch (high/low) when speaking.	1	2	3	4	5	NA
I use an effective range of volume (loud/soft) when speaking.	1	2	3	4	5	NA
I use an effective rate of speed (fast/slow; use of pauses) when speaking.	1	2	3	4	5	NA
I use an effective range of vocal pitch (high/low) when speaking.	1	2	3	4	5	NA
I use an effective range of volume (loud/soft) when speaking.	1	2	3	4	5	NA
I use an effective rate of speed (fast/slow; use of pauses) when speaking.	1	2	3	4	5	NA
I enunciate clearly when presenting.	1	2	3	4	5	NA
I make effective use of gestures when appropriate.	1	2	3	4	5	NA
I make effective use of visual aids and props when appropriate.	1	2	3	4	5	NA
I am able to avoid distracting behaviors when I present.	1	2	3	4	5	NA
I know how to create and deliver an effective closing to my presentation.	1	2	3	4	5	NA
I know how to make my presentations interesting.	1	2	3	4	5	NA

My strong points as a presenter	Areas I would like to improve