

Presenter Resources

Presentation Skills Self-Assessment

Directions: Rate your agreement with the following statements according to the following scale:
 1 Strong disagree (SD), 2 = Disagree (D), 3 = Neutral (N), 4 = Agree (A), 5 = Strongly Agree (SA)

| Statement | SD | D | N | A | SA | |
|---|----|---|---|---|----|----|
| I effectively establish rapport with my audience. | 1 | 2 | 3 | 4 | 5 | NA |
| I make eye contact with audience members. | 1 | 2 | 3 | 4 | 5 | NA |
| My presentation openings are attention-getting. | 1 | 2 | 3 | 4 | 5 | NA |
| I know how to make the importance of my presentation clear to the audience in my opening. | 1 | 2 | 3 | 4 | 5 | NA |
| I effectively use vocal variety when I speak to an audience. | 1 | 2 | 3 | 4 | 5 | NA |
| I use an effective range of vocal pitch (high/low) when speaking. | 1 | 2 | 3 | 4 | 5 | NA |
| I use an effective range of volume (loud/soft) when speaking. | 1 | 2 | 3 | 4 | 5 | NA |
| I use an effective rate of speed (fast/slow; use of pauses) when speaking. | 1 | 2 | 3 | 4 | 5 | NA |
| I use an effective range of vocal pitch (high/low) when speaking. | 1 | 2 | 3 | 4 | 5 | NA |
| I use an effective range of volume (loud/soft) when speaking. | 1 | 2 | 3 | 4 | 5 | NA |
| I use an effective rate of speed (fast/slow; use of pauses) when speaking. | 1 | 2 | 3 | 4 | 5 | NA |
| I enunciate clearly when presenting. | 1 | 2 | 3 | 4 | 5 | NA |
| I make effective use of gestures when appropriate. | 1 | 2 | 3 | 4 | 5 | NA |
| I make effective use of visual aids and props when appropriate. | 1 | 2 | 3 | 4 | 5 | NA |
| I am able to avoid distracting behaviors when I present. | 1 | 2 | 3 | 4 | 5 | NA |
| I know how to create and deliver an effective closing to my presentation. | 1 | 2 | 3 | 4 | 5 | NA |
| I know how to make my presentations interesting. | 1 | 2 | 3 | 4 | 5 | NA |

| My strong points as a presenter | Areas I would like to improve |
|---------------------------------|-------------------------------|
| | |