

Killing Bugs and Saving Drugs Across a Health System: A Multi-Hospital Shared Antimicrobial Stewardship Program

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Disclosures

All planners, presenters, reviewers, and ASHP staff of this session report no financial relationships relevant to this activity.



Learning Objectives

- Design an innovative plan to provide antimicrobial stewardship services within a single facility or across a multi-hospital network.
- Interpret clinical findings and key decision alerts to identify opportunities for intervention.
- Evaluate facility needs to target stewardship program activities for maximum results and program effectiveness.
- Assess the cost savings and clinical impact of a shared infectious disease pharmacist and integrated antimicrobial stewardship program.



Background

2007

• IDSA/SHEA - Guidelines for Developing an Institutional Program to Enhance Antimicrobial Stewardship

2010

- Antimicrobial Stewardship became clinical initiative in our health system.
- Clinical Decision Tool investment, minimal staff pharmacist training
- No dedicated pharmacist time, ID MD on call for questions

2012

- Creighton University Medical Center joined Alegent Health System
- Dedicated Antimicrobial Stewardship with ID provider and ID pharmacist
- Daily audit with feedback interventions





Imagine better health.™

- 14 Hospital Facilities
- 913 combined ADC
- Urban, Suburban, Rural
- Academic, Community,
 Critical Access





Models of Antimicrobial Stewardship within Health System

ID trained pharmacist +
ID Physician

Non-ID
pharmacists
+/ID Physician

Critical Access, non-24/7 pharmacy, No ID physician

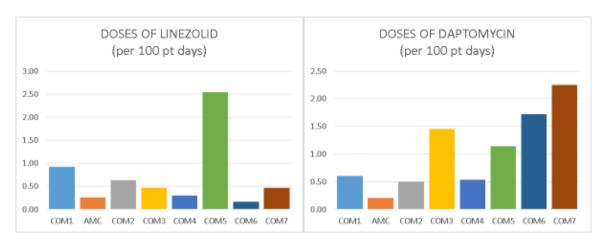


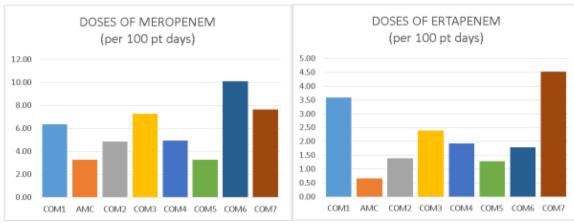
How were we doing?

\$58.7 M Drug Budget

Anti-infectives \$5.8M (~10%)

AMC consistently out performing community hospitals







Model Development & Resource Needs

- Goal: Provide a robust ASP model across diverse Health System
- Meet TJC/CMS requirements of Antimicrobial Stewardship Program

CMS

- 0.1 FTE MD
- 0.25 FTE RP
- 0.05 FTE data
- /~124 beds

Echevarria et al.

- VA Hospitals
- 1.0 FTE RP
- /100 beds

Morris et al.

- 1 FTE MD
- 3 FTE RP
- 0.5 FTE Coord
- 0.4 FTE data
- /1000 beds

Doernburg et al.

- 0.56 FTE MD
- 1.69 FTE RP
- /501-1000

Medicare and Medicaid Programs; Hospital and Critical Access Hospital (CAH) Changes To Promote Innovation, Flexibility, and Improvement in Patient Care. (2016, June 16). Echevarria, et al. American Journal of Health-System Pharmacy. 2017;74(21):1785-1790

Morris, et al. Antimicrobial Resistance & Infection Control. 2018;7(1)

Doernberg, et al. *Clinical Infectious Diseases*.2018 Mar 26. [Epub ahead of print]



Model Development & Resource Needs

- Echevarria et al.
 - VA Health System staffing tool
 - Time breakdown 70% Clinical & 30% program management activities
- Doernberg et al.
 - Each 0.50 increase in pharmacist and physician full-time equivalent support predicted a 1.48-fold increase in the odds of demonstrating effectiveness.
 - The effect was mediated by the ability to perform prospective audit and feedback.
 - Most programs noted significant barriers to success.



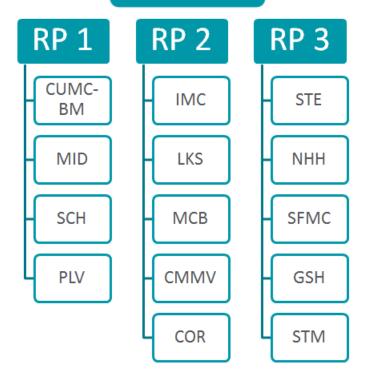
Think-Pair-Share

- How consistent is your health system at providing quality Antimicrobial Stewardship (Prospective Audit & Feedback) across all facilities regardless of size/resources?
- How consistent do you provide quality ASP within your facility, are all units included, challenges, areas for opportunity?
- How do your current staffing grids compare to those recommended in literature?



ID MD

Program Structure (900-1000 Average Daily Census)



- 0.5 FTE ID physician
- 2.5 FTE ID trained pharmacists
- PRN Research/education pharmacist
- Facilities grouped by size and electronic medical record



Overall Workflow

- Antimicrobial stewardship pharmacists utilize various methods to identify patients for ASP review
- Daily stewardship rounds with ID physician to discuss more complicated patients
- Interventions and recommendations communicated to both providers and pharmacists involved in the patient's care



Think - Pair - Share

 How do you identify patients that may benefit from antimicrobial stewardship intervention?

 What kind of clinical decision support tools are available?



How to Identify Patients for ASP Review

Use of clinical decision support software and electronic medical record

- Through other members of the healthcare team
 - Microbiology notification
 - Infection preventionists
 - By request from providers, too!



Clinical Decision Support Alerts

Clinical Pharmacist

- Pharmacokinetics
- IV to PO
- Renal dose adjustments
- Alternative dosing interchanges
- Appropriate use criteria
- High risk of *C. difficile*

ASP Pharmacist

- Positive cultures
- Broad-spectrum antimicrobials
- Redundant therapy
- >72 hr antimicrobial therapy



Common Reasons for ASP Review

- Disease state and/or positive culture
 - All positive blood cultures
 - Positive C. difficile results
 - Influenza

- Multi-drug resistant organisms
 - MRSA, VRE, ESBL, CRE



Common Reasons for ASP Review

- Targeted antimicrobials
 - Those with established appropriate use criteria (e.g. ertapenem, daptomycin, aztreonam)
 - Broad spectrum antibiotics
 - High cost agents
- Prolonged duration of therapy
 - 72hr timeout review



Clinical Decision Support Patient Identification



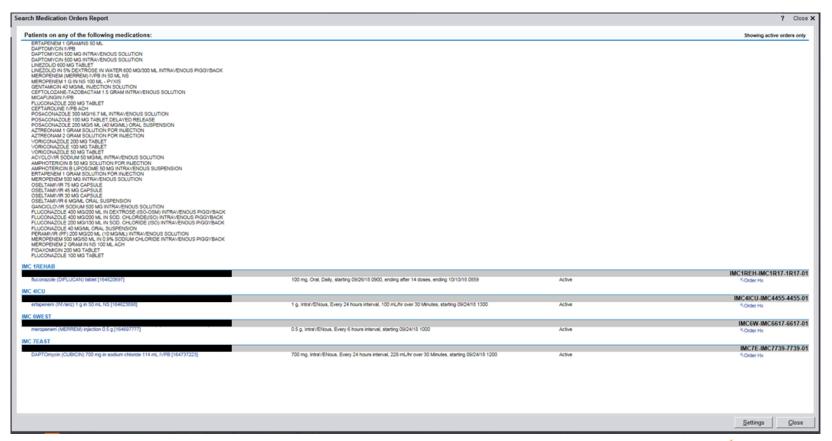


EMR Patient Identification

18 Patients																Refreshed just now 👸 Search	All Admitted
/Sex	MRN	Unit	Room/Bed	AMS Score	Level of Care	CrCI	Days of Therapy - All Antibiotics	Discharge order signed?	Bug- Drug Mismati	Drug- Lab t Mismat	De- escalation Opportunity	Duplicate Coverage	Duplicate Antipseudomo Coverage	Antimicrobial IV to PO	Diet and Nourishm Orders	Antibiotic Medications	Attend Prov
		IMC 6WEST	6615/6615-01	•	PCU	9.3 mL/min	8	_			-	-	-	-	-	bacitracin 500 unit/gram ointment TID ceFAZolin (ANCEF) injection 1 g Daily	HALAT, A
		IMC 6WEST	6612/6612-01		Medical	109.5 mL/min	-	•	-	-	-	-	-	-	-		KORIPALLI, V
		IMC 6WEST	6602/6602-01	•	PCU	18.8 mL/min	4										GADIRAJU, R
		IMC 6WEST	6608/6608-01	•	PCU	78.2 mL/min	2									cefTRIAXone (ROCEPHIN) injection 1 g Daily	DORWART, W
		IMC o. F) VEST	6601/6601-01		PINS Tele	57.2 mL/min											BUMGARN B
		IMC 6WEST	6610/6610-01		Med/Surg Tele	184.1 mL/min											SINGH, S
		IMC 6WEST	6609/6609-01	•	PCU	<unk ideal weight.></unk 	3									vancomycin (VANCOCIN) 500 mg in sodium chloride 0.9 % 100 mL IVPB Q24H	KORIPALLI, V
		IMC 6WEST	6614/6614-01	•	Medical		6									levoFLOXacin (LEVAQUIN) 750 mg/150 mL IVPB 750 mg Q24H	HALAT, A
		IMC 6WEST	6613/6613-01		PCU	9.1 mL/min									Diet General		DADA, M
		IMC 6WEST	6621/6621-01	•	Medical	24.5 mL/min	2									piperacillin-tazobactam (ZOSYN) 4.5 grams/NS 100ml Q8H vancomycin (VANCOCIN) 500 mg in sodium chloride 0.9 % 100 mL IVPB Q24H	HALAT, A
		6WEST	6619/6619-01	•	Medical	70.2 mL/min	2			_						vancomycin (VANCOCIN) 1,000 mg in sodium chloride 0.9 % 250 mL IVPB Q24H cefTRIAXone (ROCEPHIN) injection 2 g Q24H	BUMGARN B
		IMC 6WEST	6603/6603-01		PCU	140.1 mL/min										azithromycin (ZITHROMAX) tablet Daily	RAPP JR, J
		IMC 6WEST	6607/6607-01		PCU	38.1 mL/min											RAPP JR, J
		IMC 6WEST	6616/6616-01		PCU										Nutritio Suppleme		STEIER, N
		IMC 6WEST	6606/6606-01		Medical	75.5 mL/min									Nutritio Suppleme		BUMGARN B



EMR Patient Identification





Workflow Example

Review Reports and E-mail Alerts



Evaluate patient's history, medications, labs, radiology, etc.



Daily rounds with ID MD



Continue to follow patient daily and make further recommendations as needed



Communication to prescriber via phone call and/or progress note



Phone call to pharmacist covering the unit to discuss recommendations



How Do Our <u>Daily</u> Activities Help Meet The Joint Commission Requirements?

- Leaders establish ASP as an organizational priority
- Education of providers
- Multidisciplinary team
- Core elements
- Organization approved multidisciplinary protocols
- Collect, analyze, and report data
- Take action on improvement opportunities



Identifying Facility-Specific Needs

Infectious Disease consultation availability

Prescribing patterns of targeted drugs

Hospital-acquired infection rates

Prolonged duration of therapy



Hospital# 1

- No ID consultation available
- ASP reviews most complicated disease states and follows daily to provide recommendations

Hospital#2

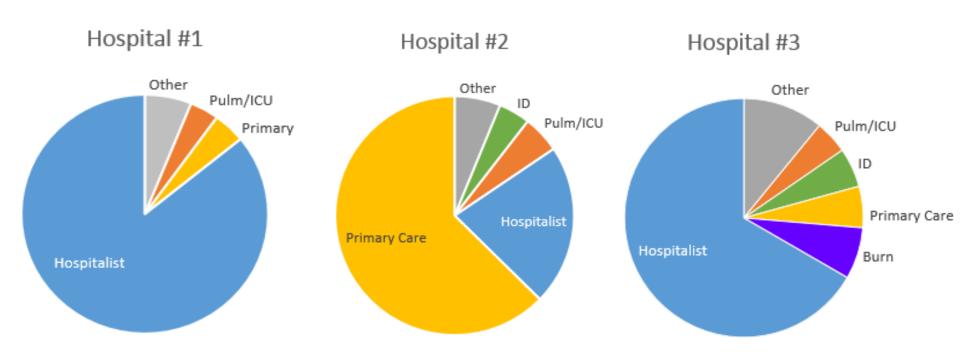
- Highest rate of hospital-acquired *C.* difficile in the division
- ASP focused efforts to reduce the use of unnecessary empiric broad-spectrum antibiotics

Hospital#3

- Often de-escalated appropriately, but continued for prolonged duration
- Educating providers about guideline recommendations for DOT and following up on antibiotic stop-dates



Different Provider Mix





Think - Pair - Share

 What are some of the challenges of implementing programs at remote sites which you may visit rarely/ever?

 What are some strategies that have made (or you believe would make) you successful in accomplishing this?

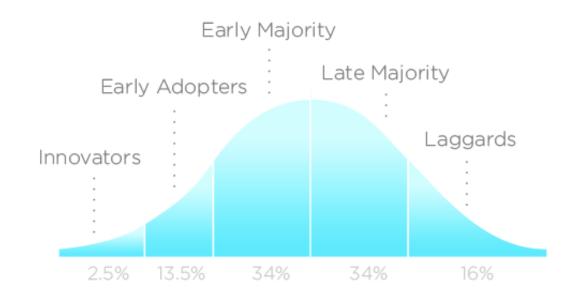


Overcoming the Distance

- Keep communication open and visit often!
- Designate local physician and pharmacy champions
- Share ongoing antimicrobial stewardship initiatives at the local level
- Prepare regular reports to share with key stakeholders
- Provide educational presentations



Behavior Change Methodology as a Core Competency for ASP Programs



INNOVATION ADOPTION LIFECYCLE



Rare - Theory of Change

- 350 conservation "Pride campaigns" in 56 countries, having impacted 10 million people
- Solutions that are <u>local</u> and create a <u>collective will</u> in favor of conservation

KNOWLEDGE

What knowledge is needed to increase awareness and help shift attitudes?



ATTITUDE

What attitudes must shift for these conversations to happen?



INTERPERSONAL

What conversations are needed to encourage people to adopt the new behavior?



BARRIER REMOVAL

What are the barriers to adoption of the new behavior we want to see, and how can we remove them?



BEHAVIOR CHANGE

What behaviors for which group(s) must change in order to reduce this threat?



THREAT REDUCTION

What threat needs to be reduced in order to achieve your conservation result?



CONSERVATION RESULT

What is the desired conservation result, and when will it be achieved?





Provider Approaches Must be Adaptive

- Antimicrobials are the "drugs of fear"
- Providers need to emotionally connect with global ASP objectives
- Varied root causes for overprescribing
 - Uncomfortable with ID problems and antimicrobials
 - Inattentive to daily process of de-escalation/discontinuation
 - Reference their "long clinical experience" or prior institutional practices often
 - Disengaged or belligerent towards stewardship goals and personnel
- Be self-reflective in your communications



Think - Pair - Share

"How can I ensure that you don't make any recommendations on my patients in the future?"



CHI Health Criteria for Appropriate Use Policy

- Criteria for use developed for: aztreonam, ceftazidime/avibactam, ceftolozane/tazobactam, daptomycin, and ertapenem
- 24/7 enforcement across all CHI Health facilities
- These antibiotics were chosen:
 - Known suboptimal prescribing practices
 - Pre-existing criteria not being enforced
 - Definable criteria for use relatively straightforward
 - High-risk for impactful resistance development and superinfection
- Our goals:
 - Establish a process for appropriate use that can be expanded in the future
 - Develop a collective ownership of stewardship goals amongst all providers and clinical pharmacists



CHI Health Criteria for Appropriate Use Policy

Procedure

- Pharmacist closest to the bedside is responsible for evaluating appropriateness and contacting provider, if outside scope
- Order is not processed until criteria have been <u>assessed and documented</u>. ASP pharmacists available for assistance once initial review is completed.

Pharmacist Education

- Provide criteria for use with specific clinical examples, common alternatives, scripting for provider communications, and documentation templates
- Live in-service presentations for each site with Q&A opportunity
- Prior to go-live, online competency assessment
- Emphasize empowerment, available support from ASP, and accountability



CHI Health Criteria for Appropriate Use Policy

Implementation

- Requests frequent initially
- E-mail reminders for missed evaluation and/or documentation
- Focus of post-prescription review

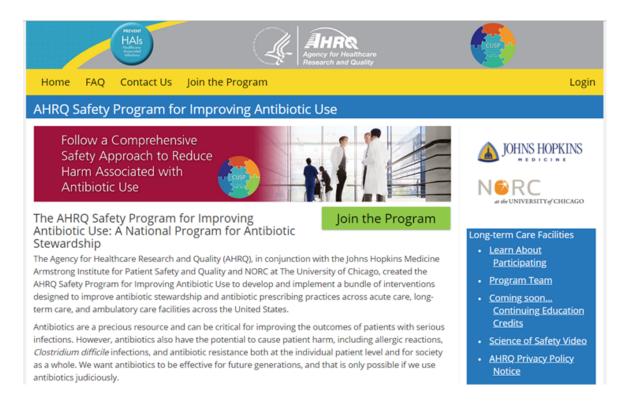
Initial Results (Omaha)

- 2nd to 3rd Quarter of full ASP implementation
- Aztreonam usage down 57%-94%
 - Attention to PCN allergy evaluation
- Cost savings \$12,200
 - Single quarter for four hospitals

Clinical pharmacists developing collective ownership and pride for a stewardship process and outcome



AHRQ Safety Program for Improving Antibiotic Use





AHRQ Safety Program for Improving Antibiotic Use

- Statement of administrative/institutional support
- Structured daily patient review
- Monthly webinars on practical and clinical ASP topics
- Monthly "office hours" conference calls with clinical leads
- Monthly check-in calls with program coordinators
- Clinical templates, brief topic reviews, and promotional materials
- Quarterly antimicrobial usage and *C. difficile* incidence data evaluation



AHRQ Safety Program for Improving Antibiotic Use

- Enrolled the Hospitalist service at a single CHI Health hospital
 - Visibility for new stewardship program within the institution
 - Set rounding expectations and formalize ASP clinical evaluation process
 - Improve provider topic area clinical knowledge
 - Obtain preliminary benchmarking data on antimicrobial use

Providers developing collective ownership and pride for a stewardship process and outcome

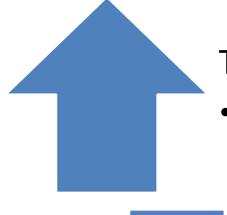


Behavior Change is an Ongoing (Never-ending!) Process

- Reversion to "wild type" applies with clinicians as well as microbes...
- Implementation of an ASP program in 2001, and was active 2002-2008
 - Yearly antimicrobial expenditures averaged a 31% decrease from baseline (\$2.4 million)
- ASP program was terminated in 2009
 - Within 2 years antimicrobial expenditures had increased by \$1.5 million

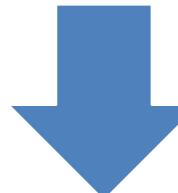


Program Results



Total Drug Budget

• \$58.7M → \$61.7 M → \$66.5 M

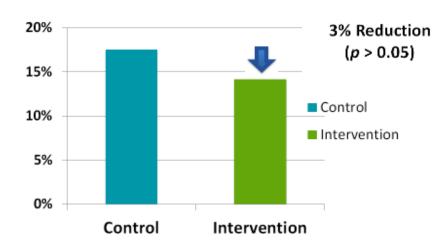


Anti-infective Spend

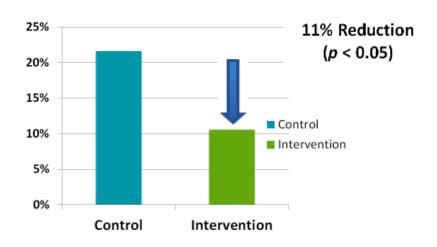
- \$5.9M → \$5.6M →\$4.4 M
- 21% reduction in year 1



Clostridium Difficile Infection 30-Day Readmission

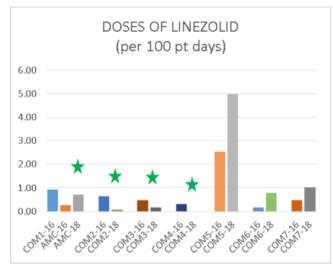


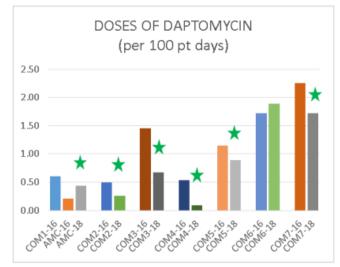
30-Day CDR Rates for Healthcare System



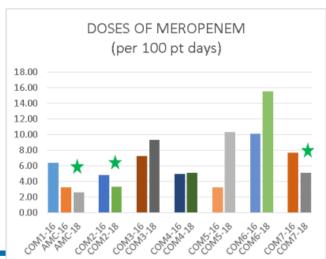
30-Day CDR Rate for AMC

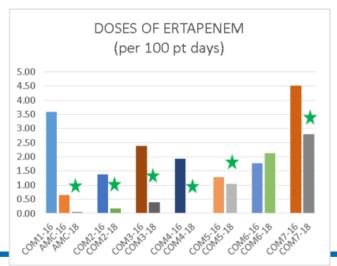




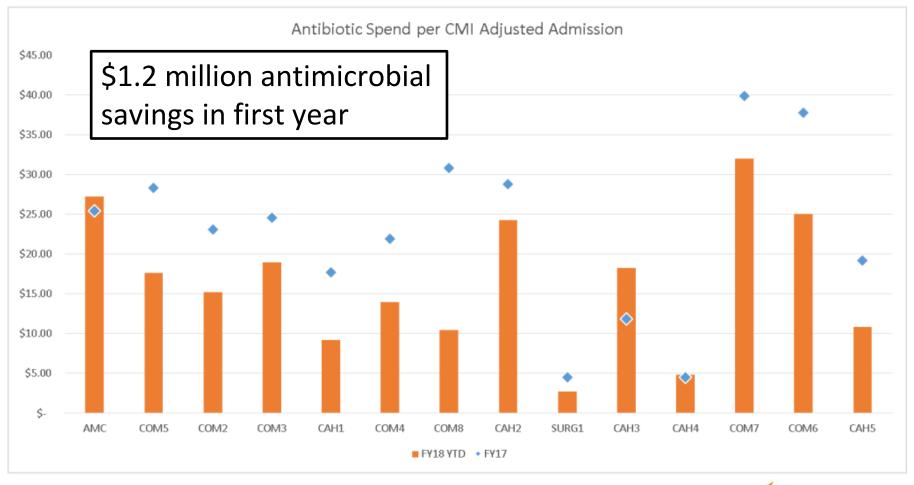


★ Shows FY18 improved over FY16 baseline











KEY TAKEAWAYS

- 1) DEDICATED ANTIMICROBIAL STEWARDSHIP RESOURCES DEPLOYED ACROSS MULTIPLE FACILITIES CAN IMPROVE PROGRAM OUTCOMES
- 2) CLINICAL DECISION SUPPORT ALERTS COMBINED WITH PROSPECTIVE AUDIT WITH FEEDBACK INTERVENTIONS CAN OPTIMIZE PATIENT OUTCOMES AND REDUCE ANTIMICROBIAL EXPENDITURES
- 3) COLLECT AVAILABLE DATA ENDPOINTS TO DETERMINE PROGRAM EFFECTIVENESS AND SPECIFIC FACILITY NEEDS



Antimicrobial Stewardship Team













ACKNOWLEDGEMENTS & CONTACT INFO

ASP TEAM MEMBERS

- -Renuga Vivekanandan, MD
- -Jennifer Anthone, Pharm.D.
- -Christopher Destache, Pharm.D.

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