



## **Guided Mentorship Program Orientation**

ashp.org/guidedmentorship



## **ASHP Guided Mentorship Program**

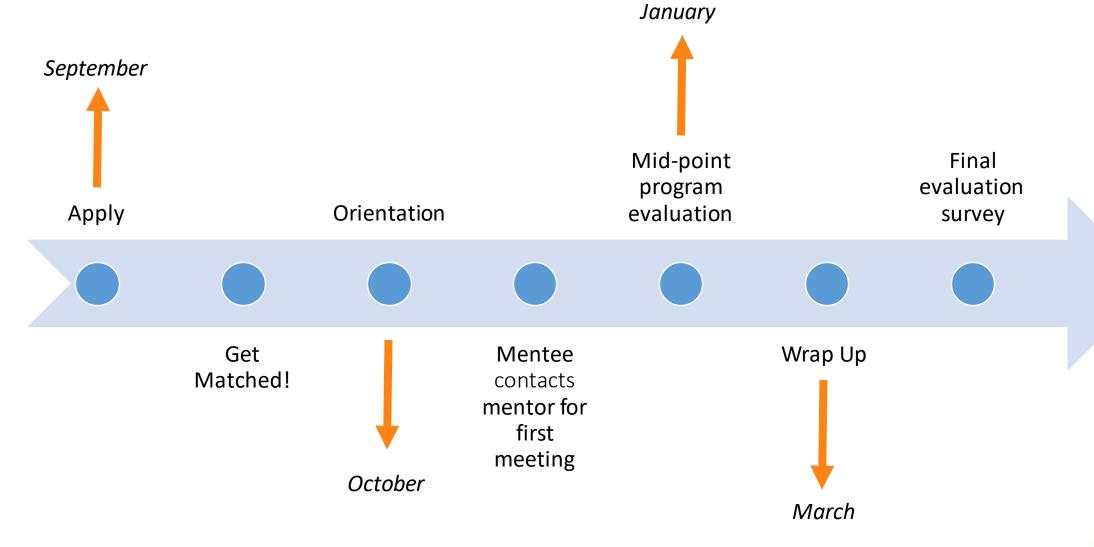
#### What is it?

- Designed to connect student members and new practitioners with experienced practitioners
- Provides a space for professional advice, guidance, and knowledge towards developing a professional career
- Fosters a professional relationship to facilitate professional development, career management, and network building
- Offers a structured opportunity to connect with diverse ASHP members to learn from one another
- ashp.org/guidedmentorship





## **Program Overview**





## **Program Participants**

#### Mentors

- Experienced pharmacy practitioners with a robust clinical and leadership track record
- Includes:
  - Clinical Pharmacists
  - Residency Program Directors
  - Faculty Members
  - Pharmacy Leaders

#### Mentees

 Student pharmacists and new practitioners interested in exploring career opportunities in health-system pharmacy practice and seeking professional advice and guidance



## Mentorship Program Goals

Provide one-on-one support and guidance related to professional advancement and skill development

Create a safe, structured space that encourages learning and the exchange of information, knowledge, and ideas

Connect colleagues from diverse backgrounds and experiences to model a framework for continual professional growth and development



**Matching Process** 





## **Participant Expectations**

1

#### **Professionalism**

Maintain mutual respect, honesty, confidentiality, and professionalism.



#### **Clear Goals**

Mentees should prepare for meetings in advance with readings, topic for discussion, or other activities.

Communicate mentor/mentee goals for program.

2

#### **Program Commitment**

Active participation in all mentorship activities and opportunities from both mentor and mentee.



#### **Timeliness**

Aim for timely response, punctuality during meetings, and follow up where appropriate.



#### **Open Communication**

Establish clear lines of communication and be responsive and flexible. Determine best medium for mentor/mentee interactions.



#### **Program Feedback**

Complete midpoint and final surveys to assist with program evaluation.



## **Mentor-Mentee** Meetings

- Schedule your first one-on-one meeting by November 1
  - Meet at least monthly from through March
- Mentees: take initiative to outline the expectations of the mentorship relationship, including developing and maintaining a meeting schedule and action plan
- Mentors: act as confidante, supporter, advocate, and/or guide to the Mentee. Facilitate Mentee's professional and personal development





### **Potential Goals/Activities**

1

#### **CV** Development & Review

Provide constructive feedback on CV development, format, and content.

2

#### **Career Planning**

Develop meaningful conversations and hold regular meetings to help coach learner.

3

#### **Mock Interviews/Letter of Intent**

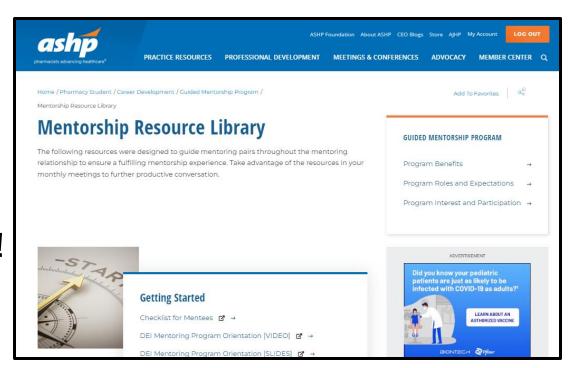
Practice interview skills and review letters of intent.



## **Guided Mentorship Program Resource Center**

- Mentee and Mentor Specific Resources
- Resources to assist with planning of your first meeting
- Topic Discussions and other resources for use throughout the year!
  - ASHP Username & Password

https://www.ashp.org/pharmacy-student/career-development/ashp-mentorship-program/guided-mentorship-program-resource-library





## Mentorship Resource Center

- Suggested activities and tools to enhance mentoring relationships
- Resources for those interested in developing a structured mentorship program at their organization

https://www.ashp.org/pharmacypractice/resource-centers/mentorshipresource-center





## **Frequently Asked Questions**

- What platform should I use for my meetings?
- What to do if having communication challenges?
- What if my ASHP membership expires?
- Can I continue working with my mentor following the program?
- Can I participate again next year?
- Guided Mentorship Program Resource Library
- Guided Mentoship Program FAQs



## **Next Steps for Mentees**

#### Logistics

- Review available resources to prepare for first meeting
- Review the Checklist for Mentees
- Confirm access to meeting platform

#### Communication

- Send welcome & introductory e-mail to assigned mentor before November 1 (see template)
- Set up first meeting with mentor
- Discuss subsequent meeting availability

#### Content

- Review mentee resources on GMP Resource page
- Establish personal goals and objectives for program to bring to first meeting
- Prepare elevator speech



## **Next Steps for Mentors**

#### Logistics

- Review available resources to prepare for first meeting
- Confirm access to meeting platform

#### Communication

- Look for welcome & introductory e-mail to assigned mentor before November 1
- Prepare and discuss subsequent meeting availability

#### Content

- Prepare using mentor resources on GMP Resource page
- Establish personal expectations and objectives for program to bring to first meeting
- Prepare elevator speech



# **Guided Mentorship Program Suggested Topics**



- ✓ Watch Orientation Webinar
- ✓ Mentee Sends Welcome Email
- ✓ Schedule First Meeting

- ✓ Well-Being &Resilience Strategies
- ✓ Imposter Syndrome

- ✓ Learn Something New or Deepen Existing Knowledge
- ✓ Work-Life Integration

October November December January February March

- ✓ Share Pharmacy Journey
- ✓ CV & Program Goals

- ✓ Elevator Pitch
- ✓ Personal & Professional Brand
- ✓ Communication Skills
- ✓ Leadership Readings

- ✓ Leadership Strengths
- ✓ Reflection



Questions?
students@ashp.org

