

Melatonin Suspension 1 mg/mL

Ingredients:

Melatonin 3-mg tablet	40 tablets
Ora-Sweet/Ora-Plus*	QSAD: 120 mL

Preparation Details:

1. Triturate tablets to a fine powder in a mortar and pestle.
2. Levigate with a small amount of base solution to form a paste.
3. Add base solution in increasing amounts while mixing thoroughly.
4. Transfer contents of the mortar to a graduated cylinder.
5. Rinse the mortar and pestle with base solution and pour into graduated cylinder.
6. Add base solution to the graduated cylinder to achieve the total volume indicated above.
7. Transfer contents of the graduated cylinder into an appropriate size amber bottle.
8. Shake well to mix.

Storage Conditions: Room Temp

Special Instructions: *Mix 60 mL of Ora-Sweet with 60 mL of Ora-Plus. Use mixture as base solution or use Ora-Blend. Shake well before use.

Alternatives: May substitute base solution with 60 mL of Ora-Sweet SF mixed with 60 mL of Ora-Plus or Ora-Blend SF.

Study Container Type: Plastic

Expiration Date: 90 days

Reference

1. Johnson CE, Cober MP, Thome T, et al. Stability of an extemporaneous alcohol-free melatonin suspension. *Am J Health-Syst Pharm.* 2011; 68:420-3.